

MAKE ANY MAN YOURS FOR LIFE

Sneaky techniques that will force him to **forget** about every other woman and **stay loyal to** *YOU* and *ONLY* you...



DEVOTION THE SYSTEM

Amy North

This book is a special free report by

Amy North, author of the best-selling women's

program called **The Devotion System**.

About The Author



Amy North is a **world-renowned women's dating coach** with nearly a decade of experience helping women build happy, loving relationships with the man of their dreams.

She is also the **author of the #1 best-selling program** "The Devotion System," which is widely regarded as the best and most comprehensive guide for women fed up with dating and frustrated by an endless cycle of heartbreak after heartbreak.

Amy North's YouTube channel boasts over **60,000 subscribers** and **millions of views**, and her website features a full-length free video presentation sharing a number of sneaky psychological tactics to make a man fall in love with you…. and forget about every other woman on earth.

Click here to watch Amy's free full-length "how-to" video »



When you meet "The One," you'll probably be the happiest you've ever felt . . . but the idea of losing him to someone else may also be a terrifying thought for you.

The good news is that there's a way to keep your man happily monogamous. By learning how to "cheat-proof" your relationship, you'll never have to worry about him leaving you or being unfaithful.

To help you understand what you can do to keep him loyal, I've divided this book into four sections.

- **Why Do Men Cheat?**
- **What Makes A Lasting Love?**
- **Signs Your Man Is Cheating**
- **How to Prevent Cheating in Your Relationship**



Why Do Men Cheat?

Cheating and infidelity can happen in any relationship—weak or strong, old or new. Sometimes affairs are for love, and other times, it's just about the sex.

While there's no single reason for why a man may choose to be unfaithful, there are a handful of reasons and excuses that arise again and again.

To Avoid Intimacy

This reason can be confusing, especially if your man is already in an intimate relationship with you. However, psychiatrists have said that often times men cheat to avoid *real* intimacy. In other words, they do it to avoid relying on one person, which, in their eyes, means they can avoid getting hurt. Ironic, right?

To Have Variety

This can be a tough truth to swallow, but some men cheat just because they crave variety. Sure, he may love the bones of you, but since you're just one person it can be tough to fulfill all of his desires, especially if those desires are to be with a variety of women.



To Gain Power

Some men cheat because they feel it empowers them in their relationship; they have the upper hand by being unfaithful, and therefore have less to lose. Now I'm not saying this is right, and as a woman this may seem outrageous, but studies have shown that this is how some guys defend their actions: It makes them feel manly.



To Find Intimacy

On the other end of the spectrum, some men search for intimacy outside of their relationship. Since couples can drift apart over time, some men find it easier to fulfil their sexual and intimacy needs by finding them elsewhere rather than talking with their partner about the decline in their shared intimacy. This is a prime example of why communication is so important!

To Spice Things Up

In the beginning of a relationship, couples can't seem to get enough of each other. However, as time passes, and partners become more comfortable with one another, it's not uncommon for sex to get less exciting, too. This is why some men cheat: because they crave that newness and excitement again, and since they can't get it from their partner, they go looking elsewhere. That said, there are ways to prevent this from happening and to keep your relationship fresh and exciting, which I've explained in more depth in **the free video on my website**.



To Please Others

Men aren't always as in control as you think. A common reason why many men cheat is simply because they lack the willpower to say no. So, if a beautiful woman comes onto them, they're weak, and go along with it. Instead of staying faithful to their partner, they give into a sexual affair simply because the opportunity arose and they weren't strong enough to turn her down.

To Relive the Rush

Not every cheater is a repeat offender, but chances are if your man has cheated—and got away with it—then he'll likely think he can do it again. In order to break this habit, it's crucial that he figures out what drove him to cheat in the first place. Who knows, he could be cheating because he only cares about himself, or because your relationship lacks something important to him.

What Makes a Lasting Love?

When it comes to a healthy, loving relationship, there are certain mental and physical components that need to be in place for it to go the distance.

To help cheat-proof your relationship, make sure that these components are an everyday part of your lives together. It's when these key elements start to dissipate that trouble arises.





Kiss Every Day

As Charles Dickens once said, “Never close your lips to those whom you have already opened your heart.” In other words, keep kissing the man you love.

To keep your man faithful, it’s important that you keep the spark alive between you. So often couples make it past the honeymoon stage and slowly stop kissing each other. To keep the relationship fresh, make a point to kiss your partner daily.

Create a Loving Mindset

It’s been proven that when you see your partner as the handsomest, smartest or funniest person in the room, your relationship will last longer, and be more emotionally satisfying. To do this, make a point to remind yourself how wonderful your man is, and let him know how you feel about him. When you do it’ll work wonders on cheat-proofing your relationship.



Grow Together

This one is a big one. When relationships get stagnant it's common for couples to break up, cheat, or at least consider the possibility of another partner.

To keep your relationship on track it's important that you and your man are always growing together. Picking up new interests, exploring new places, and trying new things together will help you grow both as individuals and as a couple.

Be Positive

So many people let the little annoyances in life bring them down, and without realizing it that negative energy creeps into their love life. To keep your relationship on the right track, focus on the positives and to find a way to fall in love with your life every day. By finding your passions and practicing them often, they'll not only reflect positively in your relationship, but they'll also make it stronger.



Keep Your Independence

Early in a relationship it can be easy to get swept up in wanting to spend all your time with your man. However, as tempting as it may be to monopolize one another's time, it's important that you give each other space and keep your personal interests and hobbies alive. Spending every waking moment together may sound nice, but over time it will result in someone getting bored. What's worse is that when boredom breeds, trouble arises. To avoid this from happening encourage your man to take on his own personal pursuits.

Be Romantic

Keeping the spark alive between you and your man is crucial for cheat-proofing your relationship. Since romance and intimacy are two of the most important components of a loving relationship, you should always be looking to for new ways to keep your flame burning. It can be tough and requires an open mind, but it's totally worth it.



If you notice the signs of a relationship that's starting to become stale, TAKE ACTION! **Start by visiting my website and watching the free video** that I've posted on the homepage.

Create Shared Interests

Since couples that build a history together have something to lose, it makes cheating less likely to happen in their relationship. This is why creating shared experiences and interests can help cheat-proof your relationship.

To get started, pick an activity and do it together. Whether it's a cooking class or co-ed Frisbee league, trying new things with your man is one of the best ways to keep your relationship exciting and full of love.



Signs Your Man Is Cheating

When you suspect that your man may be cheating on you, it's not uncommon to feel crushingly devastated. As you scramble to make sense of your emotions and theories, you may even consider sharing your concerns with him. If you do go this route and he brushes off your worries, it may be hard to believe him. In these instances it's important that you trust your gut, and keep an eye out for these signs.

He's Moody

If your man is cheating on you, then he may be feeling guilty or ashamed of his actions. If this is the case, then he'll probably look for somewhere to unload those feelings. So then, if you notice that your man has been moody or is picking fights with you, then it could be his way to destress. Instead of riding out his emotions, get to the root of the problem by asking why he's being so argumentative.



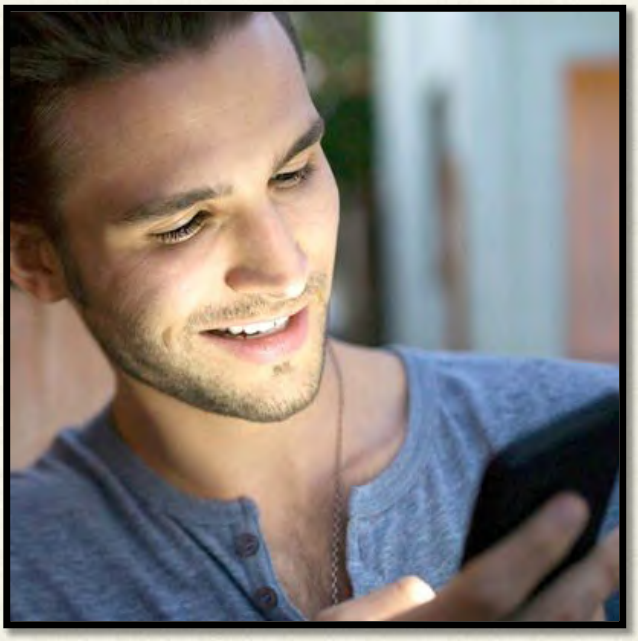
Also take note if communication between the two of you starts to fade. If your man is the kind of person who always has something to say and yet he's become quiet or distant, then it may be because he's scared of slipping up. This happens often when someone has had an affair or has made a shameful mistake.

He's Distant, Panicked or Distraught

Handling an affair is a balancing act, which means that if your man is cheating, he's going to have to be extra careful when it comes to keeping his stories straight. So, if you notice that his schedule is changing, or he scrambles for words anytime you ask him a question, then alarm bells should be ringing. That said, sometimes change is inevitable, so don't jump to assumptions too quickly.

Also note his body language. If your man is worried about you finding out what he's been up to, then you may catch him looking distant or fearful.

He Smells Different



This one sounds cliché, but clichés exist for a reason. If your partner is coming home smelling like a perfume or lotion you don't wear, then he's probably been close with someone who is wearing it.

You've Discovered Evidence

If you've noticed random hairs, lipstick smudges, or other unknown belongings kicking around his house, car or office then you should be asking questions. That said, it's important not to get wrapped up in playing detective; if you're mistaken then starting something out of nothing can be destructive to your relationship.



He Adopts New Lingo

Have you ever noticed that when you spend enough time around someone you start to speak like them, or pick up their interests? Well, it's true!

If you notice that your man has become interested in things he hated or ignored before, or starts using new words or phrases, it could be because he is absorbing someone else's interests. While this doesn't *prove* that he's having an affair, it is an important sign to watch out for.

He Wants to Fly Solo

If you and your man used to enjoy running errands together or attended events side by side, and now, he wants to do "his own thing," then it could be because he's up to no good.

If it feels like your man is worried about being seen with you then it could be because he's afraid of who else may see. Now this sounds ridiculous,



after all, *you're* his woman!... But then again, if he's cheating on you then who knows what he's told whoever else is involved.

His Sex Drive Increases

When it comes to committed relationships, it's normal for a couples' sex life to have its share of highs and lows. However, if your partner simmered down in the bedroom then suddenly has an insane sex drive, it's possible that his libido has been reawakened by someone else. Keep an eye out for any new sex moves or dirty talk that he may have picked up.

His Finances Are Unexplainable

Though it may not be your place to comment on how or where he spends his money, pay attention to any suspicious or unexplained paper trails he leaves behind. For example, if you find receipts to nice restaurants or hotel bills laying around, then you may want to ask him about where he's been spending his money. If he brushes off your questions or becomes



defensive, then you know something is up.

His Friends Are on Edge

If you were close with his friends, but lately they've been acting nervous or uncomfortable around you, then it could be because they know something you don't. How your man's friends treat you speaks volumes. If they've flipped from hot to cold on you, then don't take this sign lightly.

He's Talking About Breaking Up

If your man starts asking questions like, *"What would you do if we broke up*?" or makes statements like *"You'd be fine without me,"* then he may be hinting that he is considering ending things between you. Don't let these slight remarks go unnoticed. Instead, keep track each time he makes a comment like this and see if a pattern emerges. With the right puzzle pieces, you may be able to catch your partner red handed.



He's Secretive

Does he hide his phone from you, delete messages, or tuck it quickly out of sight the moment you enter the room? If so, then your cheating-radar should be going off!

Pay attention to the calls he takes behind closed doors and who he says has called or texted. His body language and defensive tone will tell you if something is going on.

He Justifies Affairs

Your best friend's boyfriend is cheating and you share the news with your man. To your surprise, he becomes defensive and says things *like "Well he wasn't happy anyways,"* or *"People have affairs all the time."* Take heed, this could be a warning sign of what's going on behind your back, too. After all, condemning others for cheating would mean condemning himself as well!

If your man brushes off the subject of cheating like it's no big deal or gets awkward any time the topic comes up, then you may have the answers you're looking for.





Stopping Him From Cheating

As mentioned earlier, there's no one single reason why people cheat. The good news though, is that there are a handful of proven ways to prevent it from happening to you.

Before reading ahead, keep in mind that the best self-defense against cheating is a great relationship. In other words, if you want to cheat-proof your relationship then you need to do the work.

Agree On What Constitutes as "Cheating"

To prevent cheating in your relationship it's crucial that you and your man are on the same page when it comes to what qualifies as cheating. To ensure this, talk about your beliefs and come a clear agreement on what is and isn't acceptable in your relationship.

Initially partners may not have the same feelings and opinions on the subject, which is why it's so crucial to come to an agreement together.



It's also important to discuss and agree on how you will each handle advances from others, and how quickly you will tell one another about romantic or flirty experiences. Doing so can help prevent emotional affairs, and will keep partners feeling open with one another.

Openly Communicate

To prevent cheating in your relationship, you and your man must talk to one another. Having open and honest conversations about how you're feeling, what you expect from one another, and what is and isn't working between you will keep you feeling close and connected.

To have effective conversations with your partner it's important to let him know that he can share his feelings, thoughts and desires with you, free of judgement. When you do so, you'll be giving him something he doesn't have with just anyone: a safe outlet. Being the person he can rant to and explore his dreams with makes you a valuable part of his life and that is a great defense against cheating. To keep your love burning, keep the communication lines clear and open.



Appreciate Your Partner

Take the time to appreciate your man every day, even for the little things. In fact, it's usually those little things that mean the most, which is why appreciation goes such a long way when it comes to commitment.

Since no one wants to be with someone who makes them feel poorly on a regular basis, expressing appreciation to your man is an effective way to prevent cheating. As humans, we want to feel loved and valued—especially by those we've chosen to share our life with. Make sure you tell your guy how much he means to you, even when you're not in the most romantic of moods.

Keep the Spark Alive

The key to protecting any romantic relationship is keeping your spark alive. This means being intimate, having sex regularly, kissing often, touching as much as possible, and talking comfortably about sex.



By being open to new ideas and experimentation, not only will it keep your sex life fresh and exciting, but your man will appreciate your willingness to try new things, and in turn, be less likely to cheat. While you're at it, ask him about his fantasies and find out what gets him going. Sure, these things may not sound like your cup of tea, but give them a shot, and who knows, you just might like them, too. Knowing what he likes will give you a leg up when it comes to keeping him feeling fulfilled.

Grow Together

Since change is a constant, it's important to roll with what comes your way, take on new challenges, and try new things together. Keeping your relationship feeling fresh and alive is a powerful way to prevent cheating. If you ignore the inevitable toll of time and expect what worked in the first month of your relationship to still work years later, your relationship could very well be doomed.

A big part of growing with your partner is finding new things to do together. Be a part of the things your man enjoys doing in his free time,



bond over and create shared interests, and spend quality time together. Keeping things interesting will lessen his likeliness to cheat.

Avoid Jealousy

In most relationships, there will come a time when you question your man's feelings or behavior towards someone else. As tough as it may be, it's important not to become angry or critical towards him or the person he gives attention to.

Since acting jealous towards someone your man shows interest in won't win back his attention — instead, you'll look immature and foolish — it's important to shift his attention back to you by wooing him with your talents and capabilities.

Give him a reason to love and value you by stepping up your game rather than threatening to leave or becoming critical.



Emphasize Commitment

Although you and your partner are already in a committed relationship, it's still important to remind each other of the benefits of being a couple. You both have someone who knows you better than anyone else; someone you have a shared history and life memories with; someone you can rely on; someone to grow old with.

Reminding your man of the many reasons you both decided to commit to one another can revive nostalgic feelings and happy memories. Many times, simply recognizing how lucky you are to have such a loving partner is enough to prevent infidelity long before it becomes an issue.

Be Romantic

It only takes a small gesture to be romantic and show your man how much you care about him, but these small gestures go far when it comes to keeping him committed. From surprise dinners to passionate back rubs, loving actions will show him how much you appreciate him, which in turn can help to cheat-proof your relationship.



Complimenting his looks, praising his successes, and recognizing his potential will also do wonders for his confidence and happiness. These are important because when a man feels good about himself and his relationship, the likelihood of him looking for romance elsewhere is slim to none.

Be a Good Girlfriend!

As you probably know, when your man's needs are physically and emotionally met, he won't be as interested in looking elsewhere. To ensure that he is satisfied in your relationship, take a look at how well you are meeting his wants and needs, and step up in the areas that are lacking. Since it's human nature to pursue one's needs, if you're not giving him what he needs then he may go looking elsewhere.

To be a good partner and successfully cheat-proof your relationship, think of your role (as his woman) as a job that you are applying for every day.

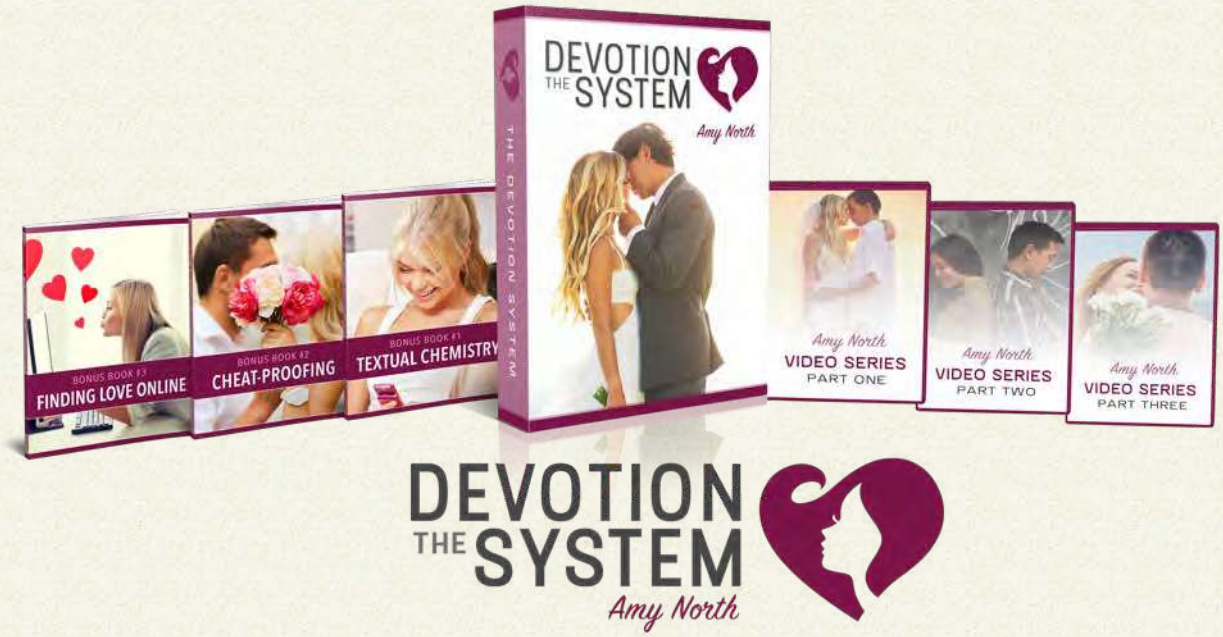


Ask yourself why your man should keep you around and not fire you, and if there's anything you should be doing that you're not.

Not many women realize it, but **being your man's dream woman is WAY easier than you might think**… if you know a few sneaky techniques to make sure he sees you as "The One". **Click here to view a video I've made to explain some of these covert tactics…** watch it ASAP, so that you can begin using my techniques TODAY to make sure he stays into you (and loyal to you).

THE DEVOTION SYSTEM

Amy North's #1 best-selling guide to making any man obsess and lust over you (and fight to keep you by his side).



DEVOTION THE SYSTEM
Amy North

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